



LOCAL SUPPORT SERVICES IN YORKSHIRE



Next Support Group Dates:

**Wednesday 1st September
2010
10.30am to 12.30pm
Barnsley Hospice
Church Street, Gawber
Barnsley S75 2RL**

**Friday 15th October 2010
10.00am to 12.00 noon
Burnby Hall Rooms
The Balk
Pocklington
YO42 2QF**

DEVELOPMENT OFFICER CONTACT DETAILS:

**Maureen Fowler
Tel: 01455 848666
Email: maureen.fowler@pspeur.org**

**If you know of any service that you think would be of benefit to other people affected by PSP or CBD please let me have the information on 01455 848666 or email:
maureen.fowler@pspeur.org**

Music in the Garden

Sunday 22nd August at Burnby Hall
Pocklington
from 2.00pm to 5.00pm.

The music is provided by **Merrybanks
Male Voice Choir.**

An afternoon of fun and friendship with a great Strawberry tea is offered to all and tickets are just £3 each.

For more information please contact local organiser Michael Shepherd on 01759 306741

Did you know that you can use the PSP Matters magazine to advertise and sell any unwanted specialist equipment that may benefit another user? Why not send details of your unwanted items to PSP House, 167 Watling Street West, Towcester, Northants, NN12 6BX

(Please note that The PSP Association cannot accept any liability for equipment and enquirers would need to contact you directly.)

CARER SUPPORT AND INFORMATION

What are they called?	What do they do?	How do I contact them?
Crossroads Care	<p>Crossroads service is about giving time - improving the lives of Carers by giving them time to be themselves and have a break from their caring responsibilities. Their aim is to provide a reliable service, tailored to meet the individual needs of each Carer and the person they are caring for. A trained Carer Support Worker will take over from the Carer to give them 'Time to be themselves'. They liaise with the Carers about the visit, they then have 'time' to use as they wish - to see friends, keep appointments, study, read or even just to sleep.</p> <p>Website: www.crossroads.org.uk</p>	
DIAL	<p>A national organisation providing information and advice to people who are disabled and others on all aspects of living with a disability. Information and advice are usually available on: welfare benefits, community care, equipment, independent living, mobility and transport, discrimination, holidays and much more.</p> <p>Website: www.dialuk.org.uk</p>	

<p>Carers' Support and Information Group</p> <p>Barnsley Hospice</p>	<p>An opportunity to meet other carers in a relaxed and safe environment for anyone caring for a person with a life limiting illness.</p> <p>Meets Fridays, 1.00pm to 3.00pm at Barnsley Hospice, Church Street, Gawber, Barnsley, S75 2RL</p> <p>Email: enquiries@barnsleyhospice.org</p>	<p>Tel: 01226 244244</p>
<p>York Carers Centre</p>	<p>An organisation providing support, advice and information, representing carers views and influencing local and national policies and practice with the aim of improving the quality of life for carers and helping them to live their own lives alongside their caring role.</p> <p>York Carers Centre, 17 Priory Street, York, YO1 6ET</p>	<p>Tel: 01904 715490</p>
<p>Older Persons Advocacy York</p>	<p>Advocacy means supporting people to speak up for themselves when there is something they wish to say.</p> <p>52 Townend Street, York, YO31 7QG</p>	<p>Tel: 01904 676200</p>

<p>The Doncaster Partnership for Carers (DPFC)</p>	<p>St Wilfrid's, 74, Doncaster, Church Lane, Bessacarr DN4 6QD</p>	<p>Tel: 01302 531333</p>
<p>Independent Complaints Advocacy Service (ICAS)</p>	<p>An independent service for patients wishing to complain about their NHS care and treatment.</p> <p>Hull Office: Ground Floor Suite, Studio 700, Princess Street, Hull, HU2 8BJ Email: hullicas@carersfederation.co.uk</p> <p>Rotherham Office: Unit B1, The Patrick Tobin Business Park, Bolton Road, Manvers, Dearne Valley, Rotherham, S63 7JY Email: rotherhamicas@carersfederation.co.uk</p> <p>York Office: The Raylor Centre, Unit 2A, James Street, York, YO10 3DW Email: yorkicas@carersfederation.co.uk</p>	<p>Tel: 0300 456 8349</p>

EQUIPMENT AND ADAPTATIONS

Shopmobility Projects	Provide free hand-propelled and electric wheelchairs and electric scooters to help people who have limited mobility - through permanent or temporary disablement, illness, accident or age - to shop and use other facilities in the town centre. (local schemes listed below)	
Barnsley	41 Market Street, Barnsley, South Yorkshire, S70 1SN	Tel: 01226 786006
Bradford	The Oastler Centre, Bradford, West Yorkshire, BD1 3ST	Tel: 01274 434076
Dewsbury	Gateway to Care Shopmobility, Walsh Building, Town Hall Way, Dewsbury West Yorks, WF12 8EE	Tel: 01484 416666
Doncaster	Lower Mall Frenchgate Centre, St Sepulchre Gate, Doncaster S Yorks	Tel: 01302 760742
Halifax	Calderdale Shopmobility, 11 Southgate House, Wards End, Halifax West Yorks, HX1 1DE	Tel: 01422 344040
Harrogate	Level 10, Victoria Car Park, East Parade, Harrogate, North Yorks, HG1 5LQ	Tel: 01423 556778
Huddersfield (Market Street)	Gateway to Care Shopmobility, 30 Market Street, Huddersfield, West Yorks, HD1 2HG	Tel: 01484 416666

Huddersfield (Kingsgate)	Huddersfield (Kingsgate) Shopmobility, Kingsgate Centre, Huddersfield Yorkshire, HD1 2QB	Tel: 01484 559006
Hull	Kingston upon Hull Shopmobility, Car Park Level 2, Princes Quay Shopping Centre, Hull, HU1 2PQ	Tel: 01482 225686
Leeds (Merrion Centre)	Unit 92, Merrion Centre, Leeds, West Yorks, LS2 8LY	Tel: 0113 246 0125
Leeds (White Rose)	White Rose Shopping Centre, Dewsbury Road, Leeds, West Yorks, LS11 8LU	Tel: 0113 277 3636
Northallerton	Northallerton Shopmobility, c/o Abbeyhealth, 7 Central Arcade, High Street Northallerton, North Yorkshire, DL7 8PY	Tel: 01609 781333
Otley (Leeds)	Civic Centre, Cross Green, Otley, Leeds, Yorkshire, LS21 1HD	Tel: 01943 466335
Scarborough	5 Somerset Terrace, Scarborough, North Yorkshire, YO11 2PA	Tel: 01723 369910
Sheffield (Meadowhall)	Meadowhall Shopmobility, Management Suite, 1 The Oasis, Meadowhall Centre Sheffield, South Yorks, S9 1EP	Tel: 0845 600 6800

Sheffield	West Hill Lane Car Park, Eldon Street, Off West Street, Sheffield, South Yorks, S1 4GX	Tel: 0114 281 2278
Wakefield	Ridings Shopping Centre, Wakefield, West Yorks, WF1 1DS	Tel: 01924 787788
York	Level 2, Piccadilly Car Park, Piccadilly, York, Yorkshire, YO1 9NX	Tel: 01904 679222
Disabled Living Centre South Yorkshire	<p>South Yorkshire Centre for Inclusive Living (SYCIL) provides services for Disabled People, Carers, Health & Social Care professionals across the private, public & voluntary sectors.</p> <p>Disability Resource Centre, M&M Business Park, Doncaster Road, Kirk Sandall, Doncaster, DN3 1HR</p> <p>RDIS Office, C/O Rotherham Central Library, Ground Floor, Walker Place, Rotherham, S65 1JH</p>	Telephone: 01302 892949
Disabled Living Centre and Mobility Service Leeds	<p>Providing impartial information, advice and assessment on equipment and practical aspects of daily living for disabled people of all ages, their carers, professionals and older people:</p> <p>The William Merritt Centre, Disabled Living Centre and Mobility Service St Mary's Hospital, Green Hill Road, Armley, Leeds, LS12 3QE</p> <p>Email: mobility.service@nhs.net</p>	Tel: 0113 305 5288

	Website: www.williammerrittleeds.org	
Castleford	Highfield House Disability Centre, Love Lane, Castleford, West Yorkshire WF10 5RT	Tel: 01977 724012
Dewsbury	Social Services Information Point, Walsh Building, Town Hall Way, Dewsbury, West Yorkshire WF12 8EQ	Tel: 01924 325070

USEFUL INFORMATION

Adult Social Care Services	<p>If you would like to talk generally to someone about getting some help for you or for someone you know.</p> <p>Doncaster Metropolitan Borough Council</p> <hr/> <p>PO Box 257, The Council House, College Road, Doncaster, South Yorkshire DN1 1BR Tel: 01302 736 000</p> <p>East Riding of Yorkshire Council County Hall, Beverley, HU17 9BA Tel: 01482 393 939</p>	
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Barnsley Metropolitan Borough Council
Town Hall, Barnsley, South Yorkshire, S70 2TA
Tel: 01226 770 770

Kirklees Council
Civic Centre 3, Market Street, Huddersfield, West Yorkshire, HD1 1WG
Tel: 01484 221 000
Carers Gateway – Tel: 01484 226050

Kingston upon Hull City Council
Guildhall, Alfred Gelder Street, Hull, HU1 2AB
Tel: 01482 300 300

Rotherham Metropolitan Borough Council
Civic Building, Walker Place, Rotherham, South Yorkshire, S65 1UF
Tel: 01709 382 121

Sheffield City Council
Town Hall, Pinstone Street, Sheffield, S1 2HH
Tel: 0114 272 6444

Calderdale Metropolitan Borough Council
Town Hall, Crossley Street, Halifax, Yorkshire, HX1 1UJ
Tel: 0845 245 6000

City of Bradford Metropolitan District Council
Council Contact Centre, Interchange House, 1 The Interchange, 5 Nelson Street
Bradford, BD1 5AX Tel: 01274 431 000

	<p>City of Wakefield Metropolitan District Council Town Hall, Wood Street, Wakefield, WF1 2HQ Tel: 01924 306 090</p> <p>Leeds City Council Civic Hall, Calverly Street, Leeds, LS1 1UR Tel: 0113 222 4444</p>	
<p>Age Concerns And AGE UK</p>	<p>Barnsley 36A Queens Road, Barnsley, South Yorkshire, S71 1AR Tel: 01226 211161</p> <p>Bradford and District 19 Sunbridge Road, Bradford, West Yorkshire, BD1 2AY Tel: 01274 395144</p> <p>Calderdale and Kirklees 5-6 Park Road, Off Hopwood Lane, Halifax, West Yorkshire, HX1 2TS Tel: 01422 252040</p> <p>Doncaster 109 Thorne Road, Doncaster, South Yorkshire, DN2 5BE Tel: 01302 812345</p> <p>East Riding of Yorkshire 16 North Bar Within, Beverley, East Riding of Yorkshire, HU17 8DG Tel: 01482 869181</p> <p>Hellifield Avalon, Gisburn Road, Hellifield, Skipton, North Yorkshire, BD23 4LA Tel: 01729 850864</p>	

Knaresborough

Cliff House, Hilton Lane, Knaresborough, North Yorkshire, HG5 8BX
Tel: 01423 864956

Leeds

188a Woodhouse Lane, Leeds, West Yorkshire, LS2 9DX
Tel: 0113 245 8579

North Craven

Cheapside, Settle, North Yorkshire, BD24 9EW
Tel: 01729 823066

North Yorkshire

Claremont House, 25 Victoria Avenue, Harrogate, North Yorkshire. HG1 5QQ
Tel: 01423 530628

Rotherham

49-53 St Anns Road, Rotherham, South Yorkshire, S65 1PF
Tel: 01709 829621

Scarborough & District

39 Aberdeen Walk, Scarborough, North Yorkshire, YO11 1BD
Tel: 01723 379058

Selby

50 Micklegate, Selby, North Yorkshire, YO8 4EQ
Tel: 01757 704115

Sheffield

44 Castle Square, Sheffield, South Yorkshire, S1 2GF
Tel: 0114 250 2850

	<p>Todmorden 11 Burnley Road, Todmorden, West Yorkshire, OL14 7BU Tel: 01706 817926</p> <p>Wakefield District 7 Bank Street, Castleford, West Yorkshire, WF10 1JD Tel: 01977 552114</p> <p>York Norman Collinson House, 70 Walmgate, York, North Yorkshire, YO1 9TL Tel: 01904 627995</p> <p>Hull The Healthy Living Centre, Bradbury House, Porter Street, Hull, East Yorkshire HU1 2RH Tel: 01482 324644</p>	
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HOLIDAYS

A full list of comprehensive information regarding holidays and travel is now available in our Carers Information Pack. For further details please contact Head Office on 01327 322410.

DID YOU KNOW?

- If you register as being a carer with your GP you may find that you are able to jump the queue when requesting appointments and receive an altogether more flexible and supportive service. Any special treatment will, however, be down to the GP's discretion.
- All carer's are legally entitled to receive a Carer's Assessment even if the person they are caring for refuses an assessment for services themselves. A Carer's Assessment is an opportunity for you to talk and reflect on your own needs, to share your

experience of caring, to recognise your role as a carer, to be given information and advice and to identify and discuss any difficulties you may. The Assessment is not a test, it is divided into sections and you can decide what you wish to discuss, which should be as little or as much as you wish.

- People with long term conditions in receipt of an income or disability benefit and living in their own home or renting from a private landlord may be entitled to receive a Warm Front Grant funded by the Department for the Environment, Food and Rural Affairs. Under the Warm Front initiative qualifying households could receive up to £2,700 to help pay for energy saving measures such as loft insulation, cavity wall insulation, draught proofing, central heating and heating repairs. For further information please ring 0800 316 2814.
- If you are receiving Income Support, Pension Credit or certain amounts of Tax Credits, you can get free NHS benefits, which include, free prescriptions, free dental treatment, free NHS eye tests and vouchers towards the costs of glasses, reimbursement of fares to hospital for treatment (including if you are escorting someone else). Free prescriptions and NHS eye tests are free to everyone aged 60 and over. For more information call Patients' Services on 0845 850 1166.
- You can access the internet at your local library (for free) if you do not have this facility at home.
- If you are plagued by junk mail and telephone calls from direct marketing firms you can de-register by contacting the appropriate service. For your address you need to ring 020 7291 3310 or write to Mail Preference Service, FREEPOST 22, London, W1E 7EZ or log on to www.mpsonline.org.uk. To stop unwanted phone calls ring 020 7291 3320 or log on to www.tgosonline.org.uk (this service is free but may take 4 months to take full effect).

Disclaimer: Whilst every care is taken to provide accurate information, The PSP Association cannot undertake liability for any error or omission nor take responsibility for the quality of third party events, products or services featured in this mailing.

Working for a world free of PSP

The PSP Association, PSP House, 167 Watling Street West, Towcester, Northamptonshire, NN12 6BX
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