

## Supporting those living with Progressive Supranuclear Palsy and Cortico Basal Degeneration

### PSP and CBD:

- Affect approximately 15,000 people in the UK
- Are terminal diseases; life expectancy is on average 7 years from onset
- Leaves those affected unable to walk, talk, swallow or see

### The PSP Association:

- Provides help and support for those living with PSP and CBD
- Funds research into the cause, treatments and eventually a cure for PSP
- Relies on voluntary donations

PSP (Progressive Supranuclear Palsy) is a fatal neurodegenerative disease estimated to affect over 10,000 people in the UK at any one time. PSP has no gender or race boundaries, although it is unusual for diagnosis below 40. Those affected by PSP will be robbed of the basic every day functions that most of us take for granted. Over time, the disease will affect sight, movement and mobility, speech and the swallowing reflex. In most cases the mind remains unaffected, trapped in a body that will no longer function. Life expectancy from onset of symptoms to death varies from person to person but can be up to 7 years.

Despite this, much can be done to improve the quality of life of those living with PSP, and to support their families and carers during this difficult time. The PSP Association provides a range of services to ensure people living with PSP have access to the information, care and support that is vital to quality of life.

The PSP Association works with medical, health and social care professionals raising awareness of PSP and providing education, training and advice on a diverse range of subjects, from better diagnosis to managing the disease from onset to death. We also work to influence decision makers at national and local levels to raise awareness and improve services.

**For more information on how you can get involved contact the Fundraising Team on 01327 322419, email [events@pspeur.org](mailto:events@pspeur.org), or visit [www.pspeur.org](http://www.pspeur.org)**

#### *Working for a world free of PSP & CBD*

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